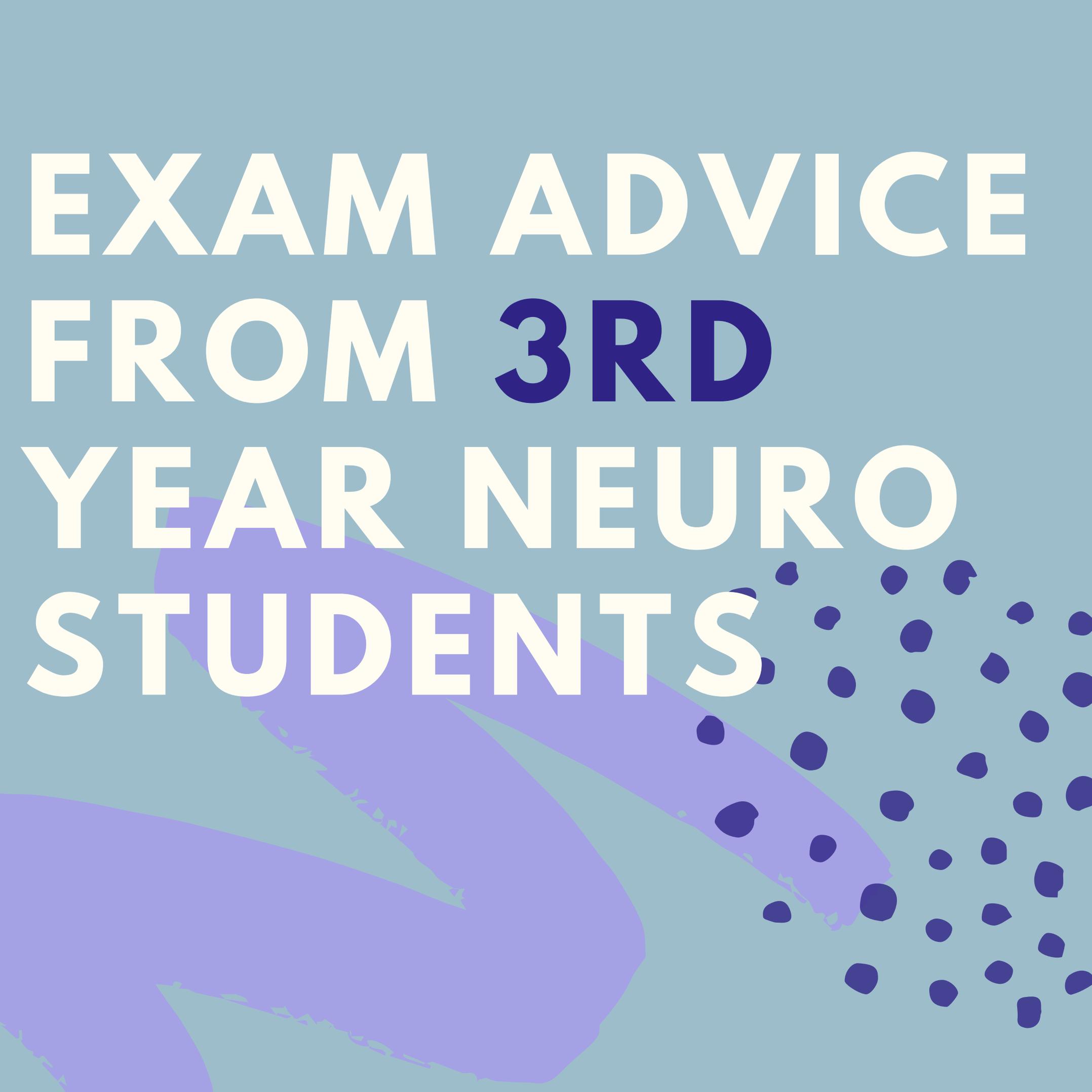


EXAM ADVICE  
FROM **3RD**  
YEAR NEURO  
STUDENTS

The background features a light blue gradient. In the lower-left quadrant, there are several overlapping, organic shapes in shades of purple and teal. On the right side, there is a pattern of dark blue dots of varying sizes, arranged in a somewhat scattered, grid-like fashion.

**General advice: Listen to instrumental music while studying like the Harry Potter soundtrack do you can focus on what you're reading.**

**Pre-book study rooms with white boards, bring some markers and go over everything!**

**Tip for NESC 2570: flash cards! it's memorization heavy so flash cards help. Try to study with friends to practice recall**

**Tip for PSYO 2000: when taking notes, write down what is being said, don't just go by the slides because they don't contain enough info. Study your notes!**

**- Jocelyn Morriso**

Re-write just the main points from your notes by hand and re-categorize/re-order information into chunks that make the most sense to you personally.

Hand write any pathways in their simplest form. These practices help you keep in mind the big picture of what you're studying and help you identify what you need to study more. If you're having troubles remembering the main points, you know you need to study those before focusing on the smaller details.

Be aware of your phone usage by downloading an app blocker and checking your screen time analytics. If you feel like you never have enough time to get things done, seeing how much time down to the hours & minutes you're actually spending on social media & netflix might help put things in perspective.

- 3rd Year Student

For the cell neuroscience, it is important to study hard. Majority of the contents from exam will be on the textbook, but there are few that are not. Also, it is important to pay attention to Dr. Fines part at the end of the semester. Last year lots of people skipped that class, but on the exam, it turned out to be important

For MATH 1000, make sure you do the practice questions! Last year, many questions from the exam were exactly from the practice questions

For PSYO 2501, I have seen lots of people who underestimate it, but make sure you study for it

- 3rd Year Student